



April 2021

MONTHLY NEWSLETTER

POP
POWER OF Produce CLUB

The PoP Club is a **FREE** farmers' market incentive program for children entering grades K-8.

Each week, stop by the info booth at Sanford Farmers' Market for children to receive a **\$2 voucher** to spend on **fresh fruits and vegetables** at the market.

Sanford Farmers' Market
SUMMER 2021

Where: Central Park in Sanford, Across from City Hall on Main Street.

When: Saturdays 8am – 12pm, starting Saturday May 1, 2021 through summer.

Questions?
Email Megan: mletendre@une.edu

MAINE SNAP-Ed
Healthy Eating on a Budget

PHOTOVOICE CONTEST!

WHAT ARE YOU SAYING YES TO?

Farmer's Market

[Sanford Farmers' Market](#)

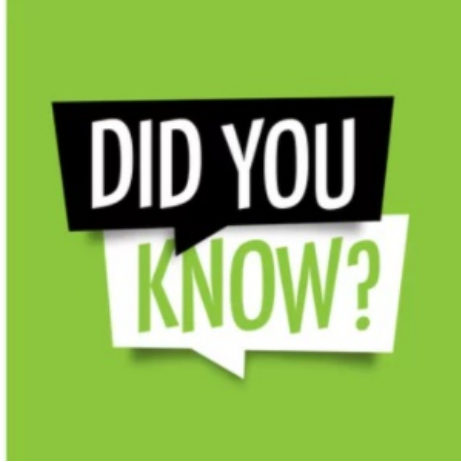
Opening Day this Saturday May 1st 2021. Join us to kick off the 2021 season! Come welcome back your favorite Sanford farmers, and meet the slew of new farmers and local food producers who have joined the market this year! There will be plenty of fresh vegetables and salad greens, starts for your garden, flowers, bread, baked goods, herbs and herbal products, mushrooms, and more!

Photovoice Contest!

We want to see pictures of what you are saying YES to? What is keeping you from using substances? The contest is open to students attending the following high schools: Biddeford, Thornton Academy, Old Orchard Beach, Kennebunk, Bonny Eagle, Sanford and Massabesic. Deadline is May 21st. A winner from each school will win a prize! Send your picture and a brief narration to Katelyn at kmalloy@smhc.org For more information visit: www.projectalliance.info

MYTH: Marijuana is not addictive

FACT: Although it was once believed that marijuana was not addictive, recent studies show that it can lead to dependence and some heavy users develop withdrawal



symptoms such as irritability, anxiety, and difficulty sleeping while trying to quit use. Marijuana use, is in fact, often associated with behavior that meets the criteria for substance dependence established by the American Psychiatric Association in the Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)3 and about 1 in 10 marijuana users will become addicted. For people who begin using before the age of 18, that number rises to 1 in 6. Click the link to learn about more Marijuana Myths and Facts from [Prevention Technology Transfer](#)

Network (PTTC).

Still looking for a vaccine?

The following are mobile vaccine sites offered through FEMA. For additional information go to VaccinateME.maine.gov

| Name of Organization | Municipality | County | Scheduling Information | Vaccinates ages 16 and 17+ | OR Patients Only |
|--|--------------|--------------|--|----------------------------|------------------|
| FEMA MVU/Windham Mall | Windham | Cumberland | The MVU will be on site from April 18-April 22. Appointments can be made by calling the Community Vaccination Line, 1-888-445-4111. Vaccinations are also available at this location without prior appointments on a first come, first served basis. | No | Public |
| FEMA MVU/Biddeford High School | Biddeford | York | The MVU will be on site from April 24-April 28. Appointments can be made by calling the Community Vaccination Line at 1-888-445-4111 or visiting VaccinateME.maine.gov | No | Public |
| FEMA MVU/Fryeburg Fairgrounds | Fryeburg | Oxford | The MVU will be on site from April 30-May 3. Appointments can be made by calling the Community Vaccination Line at 1-888-445-4111 or visiting VaccinateME.maine.gov | No | Public |
| FEMA MVU/Boofy Quimby Memorial Center | Turner | Androscoggin | The MVU will be on site from May 5-May 7. Appointments can be made by calling the Community Vaccination Line at 1-888-445-4111 or visiting VaccinateME.maine.gov | No | Public |
| FEMA MVU/Marden's Surplus and Salvage | Waterville | Kennebec | The MVU will be on site from May 9-May 12. Appointments can be made by calling the Community Vaccination Line at 1-888-445-4111 or visiting VaccinateME.maine.gov | No | Public |
| FEMA MVU/Old Town Police and Fire Departments | Old Town | Penobscot | The MVU will be on site from May 14-May 17. Appointments can be made by calling the Community Vaccination Line at 1-888-445-4111 or visiting VaccinateME.maine.gov | No | Public |
| FEMA MVU/Milbridge Marina | Milbridge | Washington | The MVU will be on site from May 19-May 22. Appointments can be made by calling the Community Vaccination Line at 1-888-445-4111 or visiting VaccinateME.maine.gov | No | Public |
| FEMA MVU/Thomas Dizenzo Athletic Complex | Calais | Washington | The MVU will be on site from May 24-May 27. Appointments can be made by calling the Community Vaccination Line at 1-888-445-4111 or visiting VaccinateME.maine.gov | No | Public |
| FEMA MVU/Madawaska Multi-Purpose Center | Madawaska | Aroostook | The MVU will be on site from May 29-June 2. Appointments can be made by calling the Community Vaccination Line at 1-888-445-4111 or visiting VaccinateME.maine.gov | No | Public |
| FEMA MVU/Downtown Auburn Transportation Center | Auburn | Androscoggin | The MVU will be on site from June 9-June 12. Appointments can be made by calling the Community Vaccination Line at 1-888-445-4111 or visiting VaccinateME.maine.gov | No | Public |

Community Partner Recognitions

Sean O'Keefe is a Juvenile Community Corrections Officer with the [Maine Department of Corrections](#). He is also a member of CHCC's [Project Alliance Coalition](#).

Sean works closely with at-risk youth and their families in York County to support them through their interaction at home, schools, and communities. The York County Department of Corrections offers a [Juvenile Justice Jeopardy \(JJJ\)](#). JJJ is an interactive program that is offered to not only youth in their schools but also to

families, services providers, and several other entities in the community. It provides an opportunity to educate youth on their rights, the laws, common misconceptions, and several other areas as well. To learn more about the JJJ program, contact Sean at: Sean.Keefe@maine.gov



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Connect with us

